

Syllabus for the post of Counsellor-ATF

- I. Psychological foundations of behavior and psychopathology
- II. Statistics and Research Methodology
- III. Psychotherapy and Counseling
- IV. Biological foundations of behavior
- V. Behavioral Medicine
- VI. National Mental Health Survey
- VII. Mental Healthcare Act 2017
- VIII. Psychological testing and Assessment
- IX. Crisis intervention
- X. Defense Mechanisms
- XI. Famous personalities in the field of psychology and their theories
- XII. National Mental Health Programme
- XIII. Cognitive Behavioural Therapy (CBT)
- XIV. Personality disorders

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Syllabus for the post of Nurse-ATF

Section 01 - General Psychology

- Biology of behavior
- Cognitive processes
- Motivational, Emotional processes and Personality
- Developmental Psychology
- Mental hygiene and Mental health
- Psychological assessment and testing.

Section 02 - Mental Health Nursing

- Introduction of Mental Health Nursing
- Principles and concepts of Mental Health Nursing
- Assessment of Mental Health Status
- Therapeutic communication and therapies used in Mental disorder
- Treatment modalities and therapies used in Mental disorder

Section 3 - Nursing Management in Psychopathology

- Nursing management of the patient with severe mental illness
- Nursing management of the patient with common mental disorder
- Nursing management of substance abuse disorder
- Nursing management of patients with personality, sexual and eating disorders
- Nursing management of childhood and adolescent disorders including intellectual disability
- Nursing management of geriatric psychiatric problems
- psychiatric emergency and crisis interventions

Section 04 - Understanding of treatment of Psychopathology

- Understanding of psychiatric drugs and ECT
- Psychoeducation, Psychotherapy and counselling processes

Section 05 - Community Level Issues related to Mental Health Nursing

- Community Mental Health Nursing
- Legal issues in Mental Health Nursing

