



सत्यमेव जयते



UNION TERRITORY OF JAMMU & KASHMIR
GOVT. MEDICAL COLLEGE AND ASSOCIATED HOSPITAL, UDHAMPUR

NOTICE

It is hereby notified to all students admitted to session 2023-24 of MBBS first phase at GMC, Udhampur that the maiden academic session shall commence from 1st September 2023, 09.00 A.M.

The foundation course schedule for one week as mandated by NMC is being uploaded on the college website along with this notification. The same shall be followed by regular first year academics.

Principal
Govt. Medical College
Udhampur

No : GMC/UDH/2023-24/1222-24.

Dated:31-08-2023

Copy to:-

1. Director Coordination New Medical Colleges J&K.
2. HoD's All for necessary action.
3. Office copy.

Foundation course for academic session 2023-2024
Government Medical College Udhampur.

Day-1

Date: 01-09-2023 (FRIDAY)

9 am to 10 am: Dean Address and welcome ceremony: **Prof(Dr) Mrityunjay**

10 am - 11 am: Induction ceremony- Apron wearing, Charak Shapath and Cadaveric oath:

**Prof (Dr) Mrityunjay/ Prof (Dr) Rakesh Sharma/Prof (Dr) Vanita
Gupta**

11 am - 02 pm: Detailed orientation of MBBS course, Indian Medical Graduate role.
Introduction to the college & faculty : **Dr Arun Arora (Assoc Prof OBG)**

2 pm -2.30 pm: Lunch break

2:30pm – 3:30 pm: Introduction to Medical profession & significance of Doctor:
Dr Vinod Gupta (Dept of medicine)

3.30 pm - 4.30 pm: History of Medicine: **Dr. Anuradha (Dept of comm. Med)**

FOUNDATION COURSE

TIME	FRIDAY 01-09-23	SATURDAY 02-09-23	MONDAY 04-09-23	TUESDAY 05-09-23	WED 06-09-23	THURS 07-09-23	FRI 08-09-23	SAT 09-09-23
9-10 AM	Dean Address & Welcome Ceremony	Physician role in society Visit to Pre-Clinical Departments	Alternate Health Care Systems	Professional Bioethics	Visit to Central Library	Hand-washing Technique	Prescription writing Skills	Visit to CHC
10-11 AM	Induction Ceremony Apron Wearing Charak Shapath Cadaveric Oath		Stress Management	Local Language		Sources of Drugs and dosage forms	First Aid	
11-2 PM	Detailed MBBS course orientation IMG role Intro to College & Faculty		Visit to Blood Bank, Central Lab and Hospital Premises	Scientific Website & Medical Journals (1Hr)	National Health Policies & Goals (1Hr)	Drug & Bio Hazard Safety	Computer Skills	
		Social Responsibility (1 Hr)		Ntl Health Scenario & Epid. Issues				
		Lunch Break		Lunch Break	Lunch Break	Lunch Break	Lunch Break	
2:30-3:30 PM	Intro to Medical Profession and significance of doctor	Visit to Emergency, Wards, ICU, OPD, Hospital Premises	Teamwork Skills	Community health Problems	Basic Communication skills	Bio medical waste handling & Management	Universal Precautions	
3:30-4:30 PM	History of Medicine		Sports & Extra curricular	Stress management Performance Sessions			Vaccinations	